

# Middle School Lesson Plan

## Launching History: Goddard's First Flight and the Origins of Rocketry

Lesson Plan



Lesson Overview	Career Highlight
<p>This engaging aerospace history lesson transforms middle school students into "Rocket Pioneers Agency (RPA)" recruits who travel back in time to explore Robert H. Goddard's groundbreaking work in rocketry. Students rotate through four interactive lab stations investigating Goddard's notebooks, liquid fuel innovations, public reactions to his work, and his legacy leading to the Moon landing. Through hands-on experiences with historical documents, fuel comparison demonstrations, persuasive writing exercises, and mission timeline mapping, students discover how Goddard's imagination and persistence revolutionized space exploration despite widespread skepticism. The lesson culminates with students designing and "patenting" their own mini rockets using engineering design principles inspired by Goddard's experimental approach. By investigating how innovation overcomes doubt and failure, students develop critical thinking and problem-solving skills essential for aerospace careers while exploring STEM pathways in rocket engineering, propulsion systems, aerospace history, and mission design.</p>	<p><b>Aerospace Engineer:</b> Designs rockets and spacecraft systems for space exploration</p> <p><b>Propulsion Systems Engineer:</b> Develops rocket engines and fuel systems for spaceflight</p> <p><b>Aerospace Historian:</b> Researches and documents the development of flight and space technology</p> <p><b>Patent Attorney (STEM focus):</b> Protects innovative aerospace inventions and designs</p> <p><b>Test Engineer:</b> Conducts experiments to evaluate rocket performance and safety</p>

STEM Course Connections	21st Century Skills
<p>Middle School Physical Science Middle School Engineering &amp; Design</p>	<p>Critical Thinking &amp; Problem Solving Communication &amp; Collaboration Creativity &amp; Innovation Information &amp; Technology Literacy</p>

Materials
<ul style="list-style-type: none"> <li>● <a href="#">About Robert Goddard</a></li> <li>● Clear containers or beakers</li> <li>● Colored water (red and blue)</li> <li>● <a href="#">Combustion demonstration cards</a></li> <li>● <a href="#">Dr. Goddard's Secret Lab Station Instructions</a></li> </ul>

- Droppers or syringes
- [Excerpts from Goddard's notebooks](#)
- [Goddard Newspaper Clippings](#)
- [Invention cards](#)
- Large poster board or wall space for timeline
- Launch tubes (PVC pipe sections or paper towel tubes)
- Liquid fuel examples (water, oil)
- Markers/colored pencils
- [Mission Brief](#)
- [Modern rocket diagram](#)
- Paper (cardstock or construction paper)
- Rubber bands
- Scissors
- Small solid fuel examples (candle, wood)
- Small weights (pennies, washers)
- Straws (regular and jumbo)
- [Student Handout](#)
- Tape and glue
- [Timeline cards](#)
- Optional: Balloon pump or compressed air source
- Optional: Measuring tape
- Optional: Stopwatch

### Essential Questions

1. Who was Robert H. Goddard, and how did his ideas and achievements shape the development of aerospace?
2. What challenges did early rocket pioneers face, and how did their breakthroughs transform our understanding of space travel?
3. In what ways can we see Robert Goddard's innovations reflected in today's spaceflight and aerospace technologies?
4. How can we explore or model the principles behind Goddard's work through hands-on or creative activities?

### Prerequisite Knowledge

Students should have a basic understanding of forces and motion, particularly thrust and gravity. Familiarity with the concept of combustion and chemical reactions is helpful. Students should understand what engineering design involves and be familiar with the idea of prototypes and testing. Basic knowledge of major space exploration milestones (like the Moon landing) provides helpful context.

### Introduction (15-20 minutes)

#### Mission Briefing:

- Display a mysterious "classified" envelope or folder labeled "Rocket Pioneers Agency - CONFIDENTIAL" at the front of the room with a copy of the [mission brief](#) inside

Open the [mission briefing](#) with dramatic music or sound effects (optional).

- "Welcome, recruits. You've been selected by the Rocket Pioneers Agency for a top-secret mission. Your assignment: travel back in time to 1920s Massachusetts to help a misunderstood genius named Robert H. Goddard solve the world's first liquid-fueled rocket challenge. But there's a catch: most people think he's crazy. Newspapers mock him. Scientists doubt him. Can you help him succeed and bring back a breakthrough idea for the future of space travel?"

**Discussion Questions:** With a partner, discuss the following questions and write a response in the [Student Handout](#), then share out as a class. Record student responses on the board.

- What do you think makes someone a 'rocket pioneer'?
- Have you ever been doubted when you had a great idea? How did it feel?
- What do you already know about rockets and how they work?

#### **Brief Introduction to Goddard:**

- Show an [image of Robert H. Goddard](#) (1882-1945). In small groups, have students read the summary of Robert Goddard and respond to the questions in the [Student Handout](#).
  - Write 3 facts about Robert Goddard that might be relevant for the Mission Briefing.

#### **Transition to Stations:**

- "Your mission begins now. You'll rotate through four lab stations, each one revealing secrets about Goddard's genius. Pay attention, take notes, and prepare for your final challenge: designing your own rocket!"

### Station Exploration (40-50 minutes)

#### **Teacher Set Up**

- Set up four stations around the classroom that can accommodate small groups of students
- Each station will include instructions for students to work through independently
- Groups will rotate every 10-12 minutes
- Students record observations and responses in their [Student Handout](#)

#### **Station 1: "Goddard's Notebook" - Decoding Innovation**

Materials:

- Printed excerpts from [Goddard's notebooks](#) with technical sketches and handwriting
- [Modern rocket diagram](#)
- Magnifying glasses (optional, for effect)
- [Station 1 instructions](#)
- Translation worksheet in [Student Handout](#)

Student Task:

1. Examine the [notebook pages](#). What do you notice about his drawings and notes?
2. Technical Translation Challenge: Read this excerpt from Goddard's notes: "Combustion chamber pressure dropped mid-burn. Nozzle design requires modification. Fuel flow rate inconsistent."
  - a. What do you think "nozzle" means in a rocket?
  - b. What problem was Goddard trying to solve when the nozzle burned off?
  - c. How might this relate to modern rocket engines staying cool?
  - d. Why do you think he kept such detailed notes (exact feet, exact seconds)?

3. Compare Goddard's sketches to a [modern rocket diagram](#). What similarities do you see?
4. Creative Connection: If Goddard were alive today and could see SpaceX rockets or the Artemis program, what do you think he would be most excited about?
5. Record your observations in your [Student Handout](#).

### Station 2: "Liquid Fuel Mystery" - The Breakthrough Experiment

Materials:

- Two clear containers labeled "Solid Fuel" and "Liquid Fuel"
  - Small solid fuel examples (birthday candle, wood chip) in one container
  - Colored water with droppers in the other container
- [Combustion demonstration cards](#)
- [Station 2 instructions](#)

Student Task:

1. Observe the "solid fuel" container. How would you control how fast it burns? **Answer: You can't easily; it burns until it's gone**
2. Liquid Fuel Experiment:
  - a. Use the dropper to dispense drops of colored water into an empty cup
  - b. Practice controlling exactly how many drops you release
  - c. Notice how you can START and STOP the flow
3. Discussion: Why is this control important for rockets?
  - a. Solid fuel: **Burns all at once (like fireworks)**
  - b. Liquid fuel: **Can be controlled, throttled, and shut off (like a car engine)**
4. Modern Connection: Use the combustion demonstration cards to answer the following questions.
  - a. What is the biggest difference between solid and liquid fuel when it comes to safety? Use specific examples. **Liquid fuel can be shut down in an emergency (can abort a mission), while solid fuel cannot be turned off once lit. This means with liquid fuel, astronauts can stop the engine if something goes wrong, but with solid fuel they have no options - it will burn until it's completely gone whether there's a problem or not.**
  - b. The Space Shuttle used BOTH solid boosters and liquid engines. Why did NASA need both types instead of using just one? **The solid rocket boosters provided huge thrust (raw power) to lift the heavy shuttle off the ground, while the liquid fuel engines provided control and safety. The solid boosters gave the initial power needed for liftoff, but the liquid engines could be throttled and shut down if something went wrong, making the mission safer for astronauts.**
  - c. How does controlling the dropper demonstrate the advantage of liquid fuel over solid fuel rockets? **With the dropper, you can: start and stop the flow, control how many drops come out, release drops slowly or quickly (power control), and stop instantly in an emergency. This is exactly like liquid fuel control. With solid fuel, it would be like if all the water came out at once and you couldn't stop it - you'd have no control at all.**
5. Record your findings in the [Student Handout](#): Why was liquid fuel Goddard's greatest breakthrough?

### Station 3: "Public Reaction Booth" - Innovation vs. Skepticism

Materials:

- [Goddard Newspaper Clippings](#)
- [Station 3 instructions](#)

*Teacher Note: These are reproductions based on historical articles and letters from the 1920s. The language and tone reflect the period's skepticism toward space travel.*

Student Task:

1. Read the historical newspaper quotes criticizing Goddard's work.
2. Writing Challenge - Choose one:
  - a. Option A: Write a "Letter to the Editor" defending Goddard's ideas in 1920s language
  - b. Option B: Write a letter from Goddard responding to his critics with confidence and scientific

evidence

3. Modern Reflection: Think about recent innovations that people doubted at first:
  - i. Electric cars
  - ii. Smartphones
  - iii. Reusable rockets
- b. Why do people resist new ideas?
4. Discussion Question: How did Goddard handle criticism? **Answer: He kept experimenting in private, funded by the Guggenheim Foundation**
5. Record your response in your [Student Handout](#).

#### Station 4: "The Moon Mission Map" - From Goddard to Apollo and Beyond

Materials:

- [Timeline cards](#)
- Large poster board or wall space
- [Station 4 instructions](#)
- [Invention cards](#) to match (e.g., "gyroscopic guidance," "multi-stage rockets," "liquid fuel pumps")

Student Task:

1. Arrange the timeline cards in chronological order on the board.
2. Matching Challenge: Match these Goddard inventions to the missions that used them:
  - a. **Liquid fuel engines** → (Used in Saturn V, Space Shuttle, Falcon 9)
  - b. **Gyroscopic guidance systems** → (Used in all modern rockets for steering)
  - c. **Multi-stage rockets** → (Saturn V had three stages)
3. Trace the Legacy:
  - a. How many years between Goddard's first rocket and the Moon landing? **43 years**
  - b. How did his work make the Moon landing possible? **liquid-fueled, controllable rockets that made space travel feasible**
4. Future Connection: The Artemis program will return humans to the Moon. How does Goddard's work connect to these future missions? **Modern space exploration, liquid fuel, navigation and guidance systems, multi-stage rockets**
5. Record your timeline observations in your [Student Handout](#).

#### Hands-On Activity: Rocket Challenge Lab (45-60 minutes)

#### Patent Design Phase (20 minutes)

**Teacher Introduction:**

- "Just like Robert Goddard, you'll now design your own rocket! But first, you must 'file a patent,' which is a document that describes your invention before you build it."

**Design Requirements:**

Your rocket must include:

1. A guidance system (fins for stability)
2. A body/fuselage (main structure)
3. A nose cone (for aerodynamics)
4. A propulsion method (how it will launch)

**Engineering Constraints:**

- Must travel at least 5 feet
- Must use only provided materials
- Must demonstrate a "safe landing" (not break on impact)
- Must be drawn and described in your patent application

**Patent Application (in [Student Handout](#)):**

Students must complete a one-paragraph design summary including:

- Rocket name
- Key features (fins, nose cone, weight)
- How it will achieve stability and distance
- Predicted performance

## Build Phase (15-20 minutes)

### Materials per team:

- 2-3 straws (regular or jumbo)
- 1 sheet of cardstock or construction paper
- Tape and glue
- Scissors
- Markers for decoration
- Small weights (optional, for nose cone)
- Rubber bands (for some launch methods)

### Building Tips:

- Fins should be symmetrical for straight flight
- Nose cone should be pointed but not too heavy
- Body should be sturdy but lightweight

## Launch & Test Phase (15-20 minutes)

### Launch Methods:

#### Option A: Straw Launcher

- Insert rocket over a straw or PVC tube
- Blow hard into the tube to launch

#### Option B: Rubber Band Launcher

- Attach rubber band to tail
- Pull back and release

### Testing Protocol:

1. Each team gets 2-3 launch attempts
2. Measure distance traveled
3. Observe flight stability
4. Note any design problems
5. Make quick modifications if time allows

### Scoring/Observation:

- Distance traveled (measure with tape measure)
- Flight stability (straight or spinning?)
- Safe landing (intact or damaged?)
- Creative design bonus

## Reflection & Discussion

### Debrief Questions in [Student Handout](#):

1. What challenges did you face in your design? How did you solve them?
2. How did testing help you improve your rocket?
3. How does this relate to Goddard's experimental process?
  - He tested over 200 rocket designs
  - He learned from every failure
  - He kept detailed notes (like your patent!)
4. Big Picture Reflection:
  - How was Goddard ahead of his time?

- How do his ideas still show up in modern rockets?
  - What role did curiosity, failure, and experimentation play in his work?
5. Career Connection: What aerospace careers involve this kind of design work?
- **Aerospace engineers design rocket systems**
  - **Test engineers evaluate performance**
  - **Propulsion engineers develop fuel systems**

**Final Thought:**

"Robert Goddard once said, 'It is difficult to say what is impossible, for the dream of yesterday is the hope of today and the reality of tomorrow.' What's your dream for the future of space exploration?"

**Extension**

Optional Activities:

- Research other rocket pioneers (Wernher von Braun, Konstantin Tsiolkovsky)
- Design a mission patch for your rocket team
- Write a creative story: "A Day in Goddard's Workshop"
- Virtual field trip: Visit [NASA's Goddard Space Flight Center website](#)
- Contact The Aerospace Corporation to schedule a virtual visit with an aerospace professional ([stem@aero.org](mailto:stem@aero.org))

**CA NGSS Standards**

**MS-PS2-2:** Plan an investigation to provide evidence that the change in an object's motion depends on the sum of the forces on the object and the mass of the object

**MS-ETS1-1:** Define the criteria and constraints of a design problem with sufficient precision to ensure a successful solution

**MS-ETS1-2:** Evaluate competing design solutions using a systematic process to determine how well they meet the criteria and constraints of the problem

**MS-ETS1-3:** Analyze data from tests to determine similarities and differences among several design solutions to identify the best characteristics of each that can be combined into a new solution

**MS-ETS1-4:** Develop a model to generate data for iterative testing and modification of a proposed object, tool, or process such that an optimal design can be achieved

**Resources**

"A Correction." The New York Times, July 17, 1969.

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*Goddard Centennial Week-long Events (n.d.)*. *FlippingBook*. Retrieved February 2, 2026, from <https://online.flippingbook.com/view/351959708>

*Goddard, Robert H. Notebooks and Papers*. Clark University Archives. <https://www.clarku.edu/goddard/>

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